



Poland

**CENTRAL
SCHOOL
DISTRICT**

Prepared, Productive, Proud

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November 2, 2018

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SUPERINTENDENT

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WWW.POLANDCS.ORG

Dear PCS Parents and Guardians:

Poland has a new Student Assistance Counselor/Prevention Service Coordinator from the Herkimer County Prevention Council who will provide a variety of services and programs for our K-12 students, Mr. Brendan McGrath. Mr. McGrath brings over a decade of experience in this role; he is on our campus each day unless he has required training from the Prevention Council.

For K-5 students Mr. McGrath's services will include short units of instruction on topics of wellness, healthy minds and bodies, conflict resolution and communication. K-5 instruction will occur within a physical education class period. Services for 6-12 students will include short units of instruction using the *Too Good for Drugs* curriculum in health class, individual counseling, education and substance use/abuse intervention. He will assist with planning our health and wellness day in February. We have introduced him to many staff this week and expect him to become an active support next week.

If you do not want your child to receive services through the referral process for 1:1 support for your child in grades 6-12, please contact the Main Office at 315-826-0200, option 3, and speak with an administrator.

Sincerely,

Laura M. Dutton
Superintendent of Schools

C: Mr. Greg Cuthbertson
Mrs. Janice Watrous
Mr. Brendan McGrath